# Race FYI

Safety is our number one priority! This race will take place in the case of rain. It is up to WJR Club to delay or cancel the race due to severe weather or any other harmful activities. Please refer to the **Race Information Packet** for detailed information.

*__Cyclists__ will follow the same rules as the runners.

## Friday-Package Pickup

- There will be one package to pick up per team.
- Whoever will be picking up the team's package must bring a photo ID.
- **Cyclists** will need to bring a photo ID to package pickup.
- There will be several vendors at package pickup.
- Please notify volunteers of any additional guests arriving with your team.

## Saturday-Race Day

- Check-in will begin at 5:30 am. **Cyclists** and runners will need to check-in with the timing company. The only team member needed at the check-in location will be the runner for the first leg.
- **Cyclists** will need to be at the starting point at 6:30 am.
- Runners will start immediately after the **Cyclists**.
- Once the last runner for each team completes the race, he or she may pick up the team's medals at the WJR Club tent at the end of the race.
- **Cyclists** will pick up race medals at the WJR Club tent after completing the race.
- The awards ceremony and recognition will start around 7:00 pm at the Shed.

## Post Race Event

- Please wear your After Party VIP bracelet attached to your race bib to enter the party.
- Please let us know of any additional guests or volunteers you have with your group during package pickup.

## Exchange Process

- Vans will drop off runners at the exchange points. It is advised that vans move on to the next exchange point after drop off due to traffic consideration.
- Whoever starts a leg must complete the leg. If someone is severely injured, another team member may complete the leg.
- There are several access roads throughout Hwy 80.
- Please use caution when leaving an exchange point to get back onto Hwy 80. Make sure the road is clear of runners and cyclists before entering back onto the Hwy.
- **Cyclists** can stop at any exchange point or water station to rest or hydrate.

**Emergency**

- There will be EMTs at the race.
- Please have a safety plan in place for the entire team.
- There will be a mechanic for minor **bike** problems.
- There will be a SAG vehicle for major **bike** problems and **cyclist** fatigue. (**Cyclists** needing a SAG vehicle will need to contact Vergil at 334-833-6272 or Dave at 256-525-9554.

For emergency situations, please call Care ambulance dispatch at 334-262-2550 or 800-449-4911.

**Please notify a member of WJR Club for questions or minor issues.**

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|---|---|
| Mary | 256-405-1032 |
| Raynard | 256-283-6941 |
| Patrick | 256-239-6104 |
| Dave | 256-525-9554 |
| Vergil | 334-833-6272 |